



## Health Screening Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

This questionnaire must be completed by each individual prior to participating in any Club activity or game play situation.

The answer to all questions must be "No" to participate.

- Yes  No  1. Do you have a fever (feeling hot to the touch, a temperature of 37.8°C or higher)?
2. Do you have any of the following symptoms?
- Yes  No  Chills
- Yes  No  Cough that's new or worsening (*continuous, more than usual*)
- Yes  No  Barking cough, making a whistling noise when breathing
- Yes  No  Shortness of breath (*out of breath, unable to breathe deeply*)
- Yes  No  Runny nose (*not related to seasonal allergies or other known causes or conditions*)
- Yes  No  Stuffy or congested nose (*not related to seasonal allergies or other known causes or conditions*)
- Yes  No  Sore throat
- Yes  No  Difficulty swallowing
- Yes  No  Lost sense of taste or smell
- Yes  No  Pink eye
- Yes  No  Headache that is unusual or long lasting
- Yes  No  Digestive issues like nausea/vomiting, diarrhea, stomach pain (*not related to other known causes or conditions*)
- Yes  No  Muscle aches that are unusual or long lasting
- Yes  No  Extreme tiredness that is unusual (*fatigue, lack of energy*)
- Yes  No  Falling down often
- Yes  No  Sluggishness or lack of appetite
- Yes  No  3. In the last 14 days, have you been in close physical contact with someone who tested positive for COVID-19?
- Yes  No  4. In the last 14 days, have you been in close physical contact with a person who is currently sick with a new cough, fever, or difficulty breathing?
- Yes  No  5. In the last 14 days, have you been in close physical contact with someone who returned from outside of Canada in the last 2 weeks, and is not an essential worker with exemption from mandatory quarantine?
- Yes  No  6. Have you travelled outside of Canada in the last 14 days? *This does not include essential workers who cross the Canada/US border regularly.*

If an individual answers 'yes' to any of these questions, they are not permitted to participate in any club activities.

*Close physical contact means being less than 2 metres away in the same room or area and/or living in the same home.*